

## Student Health and Nursing Services

**School Nurse:** Kelsey Browning, RN

I have been the school nurse in this district for one year.

I am in the district: Mondays, Wednesdays, and Fridays

We value the health and fitness of all our students and staff. Our school health program aims to assure students are healthy, safe and ready to learn, while connecting students and their families to health resources in the community.

How to Contact Your School Nurse

**Call:** (509) 888-5176

**Email:** [kbrowning@entiatschools.org](mailto:kbrowning@entiatschools.org)

Please reach out to me with any questions or concerns.

## Keep Your School Nurse Informed

Student health information forms are required to be completed by parents each year. In addition, keep your school nurse updated on your student's health status, such as surgeries, medications, illnesses/diseases, new diagnoses or other conditions that may affect your student's school performance.

**Student Health Information Form** [pdf]

## School Health Policies

Student Immunizations and Life Threatening Conditions 3413

Medication at School 3416

Anaphylaxis Prevention and Response 3420

Infectious Diseases 3414

Student Sports: Concussion, Head Injury & Cardiac Arrest 3422

## Student Health Conditions V

Students with potentially life-threatening health conditions require an Emergency Care Plan (ECP) to be in place BEFORE they may attend school. If your student has any of the following conditions, please call the school office to arrange a time to speak to the

school nurse. You may also print from the list below and bring a completed copy to the school office.

\*\*\*If your student is new to our district and has DIABETES, please contact the school nurse as soon as possible

- [Asthma History \[pdf\]](#)
- [Seizure History \[pdf\]](#)
- [Bee-Insect Allergy History \[pdf\]](#)
- [Food Allergy History \[pdf\]](#)
- If your student has a food allergy or sensitivity that you would like substitutions for at school please have your provider fill out the Dietary Accommodation Form
  - [Dietary Accommodation Form](#)
- [Heart Condition History \[pdf\]](#)
- If your student has Diabetes we will need a Diabetes Medical Management Plan filled out by their provider. Please send the form below to your child's provider and return the completed form to the school nurse.
  - [Diabetes Medical Management Plan](#)

### Medications at School ∨

According to state law, students may receive medications at school under very specific conditions. This policy includes over-the-counter medications like Tylenol or Ibuprofen.

1. A Medication Authorization form completed and signed by your health care provider and parent/guardian that tells us how the medication is to be given. Your doctor's office may have the form or you can download one here:

- [Medication Authorization \[pdf\]](#)
- [Medical Authorization Asthma & Treatment Plan \[pdf\]](#)

2. The medication must be clearly marked:

- in its original container
- with the student's name
- the dose
- the time the medication should be given

3. The medication must be brought to school by the parent or other responsible adult.

### Immunizations ∨

1. Washington state requires immunizations for school attendance. The requirements for each grade level can be found here:

**[Required Immunizations for School Year 2022-23 \(English\) \[pdf\]](#)**

**[Required Immunizations for School Year 2022-23 Spanish\) \[pdf\]](#)**

2. Parents are asked to fill out a Certificate of Immunization Status when they register their child for school. When your student receives additional immunizations, please ask your doctor's office to fax a copy of the record to school and let your school nurse know. [Certificate of Immunization Status \(2022-23\) \[pdf\]](#)

2. Exemptions—School registration and attendance are contingent upon either adequate immunization or a parent signed exemption. If you are choosing to exempt your student from the required immunization schedule, please request your health care provider sign, then bring this form to the school office:
  - a. **Certificate of Exemption** [pdf]
3. Schools are required to present to parents' information on the meningococcal and human papillomavirus (HPV) vaccine.
  - a. **HPV & Meningococcal Vaccines** [pdf]

### Communicable Disease V

When an outbreak of a communicable disease (such as chickenpox, measles, etc.) occurs among staff or students, the school nurse consults with Chelan Douglas Health District, who will take the lead on containment and makes the plan on how the school will manage the outbreak. If your student has not been fully immunized, they may be excluded from school for up to 21 days.

### **Some guidelines on when to keep your student home:**

- Fever—a temperature at or above 100 degrees Fahrenheit.
- Vomiting
- Diarrhea—watery or loose stools.
- Coughing—or having any sort of breathing trouble. Coughing spreads infection.
- Rash—check with your doctor to determine whether the rash is contagious before sending your child to school.
- Lethargic—a child who is difficult to wake, needs to see a doctor.

### **24 Hour Rule**

- Fever: Keep your child home until their FEVER has been gone WITHOUT medicine for 24 hours.
- Vomiting or Diarrhea: Keep your child home for 24 hours after the LAST time they have vomited or had diarrhea and are eating a normal diet.

- Antibiotics: Keep your child home at least 24 hours after the FIRST dose of antibiotic.

## Vision and Hearing Screening ∨

### **Students in grades K, 1, 2, 3, 5, and 7 are screened yearly.**

- A referral form is sent to parents for students who do not pass. The referral indicates the screen results with recommendations for follow up.
- Students may be referred to their school nurse for individual screening by a parent or teacher.
- The screening done at school is just that—screens—they are NOT exams. Students should be examined by an eye professional at least every two years during school age regardless of the school vision screen results.
- Parents needing assistance for professional eye examination may contact the school nurse.

## Local Health Resources ∨

Chelan-Douglas [Public Health](#)

Chelan-Douglas Emergency Operations

Counseling & Mental Health Services

Food Bank

[Head Start Locator](#)

## State Health Resources ∨

[Health Insurance Help for Parents](#)

[\(OSPI\) Infectious Disease Control Guide for School Staff 2014 \[pdf\]](#)

[State Vaccine Requirements](#)

[Washington Poison Prevention](#)

[Washington State Community Resources WA211](#)

[Link to Washington State Service Programs](#)

[Washington State Suicide & Crisis Lifeline-988](#)

[Child Protective Services](#)

## [National Health Resources](#) ▾

[American Diabetes Association](#)

[Asthma and Allergy Network](#)

[American Academy of Pediatrics Parent Page](#)

[Center for Disease Control](#)

[Adverse Childhood Experiences](#)

[CDC: Seasonal Flu](#)

[Concussion—Heads Up](#)

[Children's Mental Health](#)

[Healthy Weight, Nutrition and Physical Activity](#)

[Children's Mental Health—Is this just a stage?](#)

[Diabetes Research and Support](#)

[Epilepsy and Seizure Support](#)

[Food Allergy Research & Education](#)